

# COUNSELOR CORNER

VANDEN HIGH SCHOOLS COUNSELING  
NEWSLETTER



## SEMESTER 2 HAS STARTED!

Hello Vikings!

Welcome to the Spring semester. Congratulations! You made it and we are now halfway through this school year. Counselors are happy that we were able to get a lot done during the Fall semester and we were able to see you (9th & 10th graders) face to face.

Take a look at the newsletter for updates from the counseling office and reminders for ways your counselor can help you and how you can connect with us.

## WHAT'S NEW?

- 01** **Welcome**
- 02** *Counseling Contact Info.*
- 03** *Course Registration*
- 04** *Senior To-Do's*
- 05** *Additional Information*

# The Counseling Staff

## COUNSELORS

**MS. HENRY | [AHENRY@TRAVISUSD.ORG](mailto:AHENRY@TRAVISUSD.ORG)**

Last Names: A-Dt

**MS. JOSKE | [CJOSKE@TRAVISUSD.ORG](mailto:CJOSKE@TRAVISUSD.ORG)**

Last Names: Du-Loo

**MS. ESCOBEDO | [JESCOBEDO@TRAVISUSD.ORG](mailto:JESCOBEDO@TRAVISUSD.ORG)**

Last Names: Lop- Rob

**MR. NULES | [ZNULES@TRAVISUSD.ORG](mailto:ZNULES@TRAVISUSD.ORG)**

Last Names: Roc-Z



## SUPPORT STAFF

**MS. TRAVAGLINI | REGISTRAR**

Transcripts, Student Data  
Information

**MS. EMILY | SECRETARY**

New Student Enrollment,  
504/SST Coordinator

**MS. TRACY | COUNSELING TECHNICIAN**

Work Permits, Drives Ed.,  
New Student Enrollment

# Course Registration

Vanden Counselors will begin course registration for the 2024-2025 school year in late January. This process will run until February 23rd and will be for **current** Vanden students only.

Counselors will be presenting to English classes and will discuss course selection, Vanden Graduation Requirements, and College Entrance Requirements. Please review the curriculum guide **here** prior to selecting courses for the upcoming school year. Counselors will be available to answer any questions you may have at that time.

**\*Current Vanden juniors will have an additional 1 on 1 meeting with their counselor beginning in March to discuss requirements in more detail.**

Grade	Course Request Presentation Dates	Aeries Portal Dates	Course Request Form Due Dates
9th Grade	Jan. 29 - Feb. 2	Jan. 29- Feb. 2	February 3, 2024
10th Grade	Feb. 5 - Feb 8	Feb. 5- Feb. 10	February 10, 2024
11th Grade	Feb. 20 - Feb. 23	Feb. 20- Feb. 24	February 24, 2024

*"Education is our passport to the future, for tomorrow belongs to the people who prepare for it today."*

# Senior To-Do's

Graduation is coming up and we want to make sure you make it across that finish line. Take a look below for some reminders from your counselor.

## **FAFSA/CADAA**

*is due April 2! Please make sure you complete your application by the deadline if you are planning on going to a 4 year college, 2 year college, or trade school.  
\*Flyer attached on page 7*

## **Grades**

*Remember to keep your grades up this semester.*

*Whether you are planning to attend college or not, keeping good grades this final semester of high school will be beneficial to you.*

## **May 1st is National College Decision Day.**

*This is the deadline for seniors to pick the college that they will attend in the Fall. Take a look at the following [YouTube video](#) for a quick checklist of things that you need to complete before this deadline.*

## **Community College Applications**

*Are you planning to go to Solano College or another Community College in the Fall?*

*Once applications are available, Vanden counselors will be ready to assist you.*

*Please look for future announcements from us.*

*If you have applied to any 4 year colleges, don't forget to check your student portals. Colleges will provide a to-do list to remind you to complete certain tasks. This may include but is not limited to requests for transcripts, and additional financial aid forms.*

# FAFSA/CADAA Help

***Have questions about FAFSA or CADDAA? Attend one of the California Student Aid Comissions (CSAC) Cash for College Webinars.***

***These webinars will provide students and their families information on the FAFSA and CADDAA.***

***Please click [HERE](#) to be taken to their website to sign up for a webinar. List of available webinar dates and times are below.***

January 17, 2024, from 6-7:15 pm

March 19, 2024, from 5:30-6:45 pm

January 23, 2024, from 6-7:15 pm

March 27, 2024, from 6-7:15 pm

February 1, 2024, from 5:30-6:45 pm

April 4, 2024, from 6-7:15 pm

February 6, 2024, from 6-7:15 pm

April 16, 2024, from 5:30-6:45 pm

February 14, 2024, from 5:30-6:45 pm

May 1, 2024, from 6-7:15 pm

February 29, 2024, from 6-7:15 pm

May 9, 2024, from 5:30-6:45 pm

March 14, 2024, from 6-7:15 pm

May 14, 2024, from 6-7:15 pm



# Important Info

## Scholarships

**Scholarships are posted on the Vanden Scholarship Bulletin. This bulletin is viewable anytime as long as you have the link. It lists the name of the scholarship, due date, and requirements you need to meet. This list is updated weekly.**



**Take a look at the Scholarship Bulletin [HERE](#).**

## ASVAB Exam



**Are you interested in taking the ASVAB exam?  
The next exam date will be March 5, 2024.  
Sign-ups for the exam will run from  
January 29, 2024 - February 20, 2024.**

**Study and take a FREE practice test [HERE](#)**

*Please remember, if you have any questions or comments reach out to your counselor.*

# VANDEN GRADUATION REQUIREMENTS

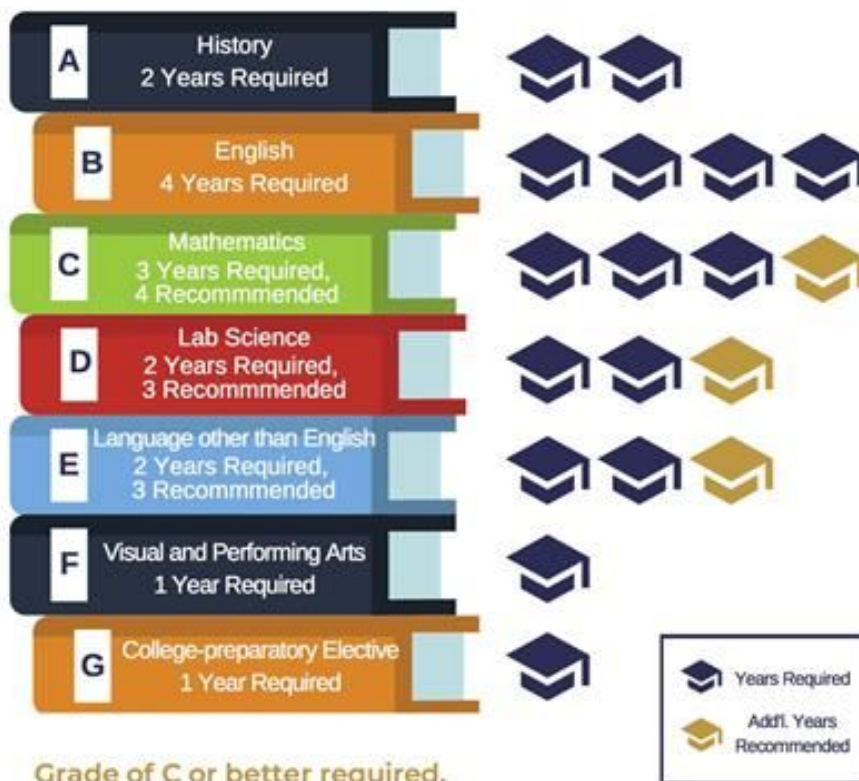


TOTAL CREDITS	220 (5/SEMESTER)
English	40 credits
Physical Education	20 credits
Health	5 credits
Mathematics (including Algebra 1)	20 credits
Science	20 credits
World History	10 credits
US History	10 credits
Government	10 credits
Economics	5 credits
Foreign Language, Fine Art, or Career Technical Education	10 credits
Electives	70 credits

## You can go to COLLEGE.

### A-G Requirements

California State University ☞ University of California





# NCAA ELIGIBILITY HIGH SCHOOL TIMELINE

## GRADE 9

### Plan

- Start planning now! Take the right courses and earn the best grades you can.
- Ask your counselor for a list of your high school's NCAA core courses to make sure you take the right classes. Or, find your high school's list of NCAA core courses at [eligibilitycenter.org/courselist](http://eligibilitycenter.org/courselist).



## GRADE 10

### Register

- Register for a Certification Account or Profile Page with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org).
- If you fall behind on courses, don't take shortcuts to catch up. Ask your counselor for help with finding approved courses or programs you can take.

## GRADE 11

### Study

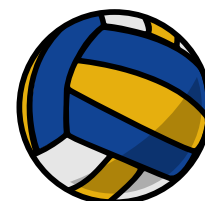
- Check with your counselor to make sure you are on track to graduate on time.
- Take the ACT or SAT, and make sure we get your scores by using code 9999.
- At the end of the year, ask your counselor to upload your official transcript.



## GRADE 12

### Graduate

- Take the ACT or SAT again, if necessary, and make sure we get your scores by using code 9999.
- Request your final amateurism certification after April 1.
- After you graduate, ask your counselor to upload your final official transcript with proof of graduation.



## Core Courses

This simple formula will help you meet Divisions I and II core-course requirements.

$$4 \times 4 = 16$$

- + 4 English courses (one per year)
- + 4 math courses (one per year)
- + 4 science courses (one per year)
- + 4 social science courses (one per year)
- = 16 NCAA CORE COURSES

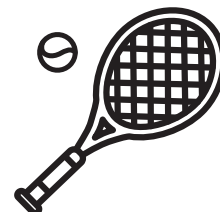


**For more information:**  
[ncaa.org/playcollegesports](http://ncaa.org/playcollegesports)  
[eligibilitycenter.org](http://eligibilitycenter.org)

**Search Frequently Asked Questions**  
[ncaa.org/studentfaq](http://ncaa.org/studentfaq)

**Follow us:**

@NCAAEC  
 @playcollegesports



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# APPRENTICESHIPS/VOCATIONAL TRAINING

Are you interested in Trade School or an Apprenticeship program after high school? Please use the following link to discover programs and trades available in California. There are many opportunities in Solano County!

[CA DEPT of Industrial Relations](http://CA DEPT of Industrial Relations)

- |                    |                          |
|--------------------|--------------------------|
| • Welding          | • Tile Layer             |
| • Auto Body Repair | • Roofer                 |
| • Carpenter        | • Plumber                |
| • Cosmetology      | • Electrician            |
| • Lineman          | • Medical Lab Technician |
| • Paramedic        | • Fire Fighter           |